

CARLTON
MILLRACE
HOTEL & C SPA
BUNCLODY
★★★★

Mill Bar Soup Of the Day

Served with home-made treacle bread

€5.50

Chicken Liver Parfait

With toasted brioche & red onion Marmalade

€6.90

Goats Cheese and Artichoke Bruchetta

Roast red pepper pesto, shredded basil and seasoned leaves

€6.90

Skewered Chicken Satay

On oriental noodles, and tangy plum sauce

€7.90

Salads

Traditional Caesar Salad

With bacon bits, garlic croutons, cos and anchovies dressing

€7.90

Challupa Salad

Served in a tortilla basket, with blackened chicken & Mexican salad

€9.50

Selection Of Mill Bar Sandwiches

4 C's Ciabatta

Chicken, Cheese, Caesar & Chips in toasted olive Ciabatta

€11.50

Spiced Chicken Burger

Served in a floury bap with guacamole, salsa and soured cream

€12.50

Open Flaked Salmon Sandwich

On home made treacle bread with lemon mayonnaise

€10.95

Carlton Club Sandwich

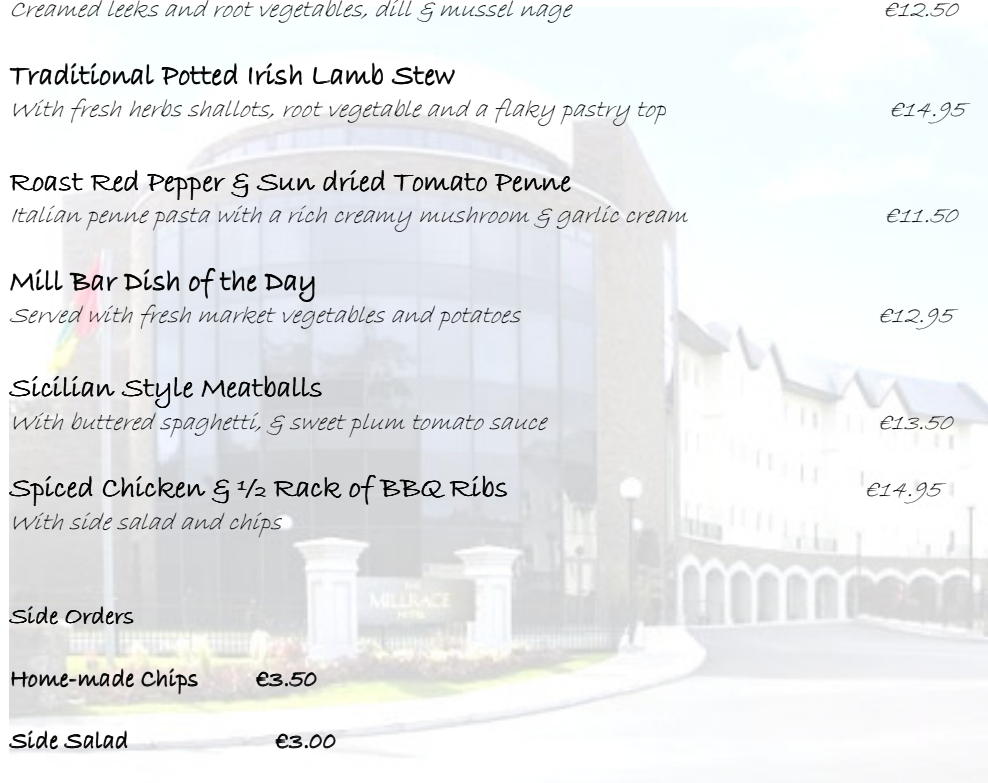
Grilled bacon, poached chicken, mature cheddar & egg mayonnaise

€10.95

All above Sandwiches are served with side salad and home-made chips

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Main Course Selection



Traditional Battered Cod Fillet <i>With home-made chips, mushy peas and tartar sauce</i>	€14.50
Pan Seared Irish Angus Sirloin <i>With onions, mushrooms, grilled tomato and peppercorn cream</i>	€25.50
Smoked Haddock & Salmon Fishcakes <i>Creamed leeks and root vegetables, dill & mussel nage</i>	€12.50
Traditional Potted Irish Lamb Stew <i>With fresh herbs shallots, root vegetable and a flaky pastry top</i>	€14.95
Roast Red Pepper & Sun dried Tomato Penne <i>Italian penne pasta with a rich creamy mushroom & garlic cream</i>	€11.50
Mill Bar Dish of the Day <i>Served with fresh market vegetables and potatoes</i>	€12.95
Sicilian Style Meatballs <i>With buttered spaghetti, & sweet plum tomato sauce</i>	€13.50
Spiced Chicken & 1/2 Rack of BBQ Ribs <i>With side salad and chips</i>	€14.95
Side Orders	
Home-made Chips	€3.50
Side Salad	€3.00
Mexican Style Salad	€3.50

Early Bird Option

4.30—6pm

Starter & Main or Main & Dessert Tea or Coffee
(Steak €7 supplement)

€17

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Dessert Menu

Deep Pan Apple Pie
With vanilla ice-cream

Double Chocolate Fudge Log
With butterscotch sauce

Italian Style Tiramisu Gateaux

Fresh Fruit Salad
With Chantilly cream

Baileys Cheese Cake
With bitter chocolate sauce

Selection of Ice-Cream

€6.25

Coffees

Irish coffee	€6.10	Cappuccino	€2.90
Baileys Coffee	€6.10	Latté	€2.90
Calypso Coffee	€6.10	Americano	€2.90
Jamaican Coffee	€6.10	Hot Chocolate	€2.90
French Coffee	€6.10	Speciality Tea's	€2.90
		Espresso	€2.00