



Things to do at the Carlton Castletroy Park Hotel Limerick

10 Fun Activities for Children

1. Enjoy a swim in the hotels 20 m pool (kids times 10am - 7pm)
2. Outdoor activities including Kayaking, surfing, sailing and the infamous High Ropes Challenge course!
3. Grand Prix karting in Kilcornan, Limerick
4. Planet Bowl in Limericks unique Funworld
5. Tons of Fun....indoor children's activity centre
6. Peter Pan Fun World, slides, ball ponds, rope bridges and much much more
7. Buttercup Farm, playground with beautiful picnic area and of course a delightful group of exotic and not too exotic animal & birds
8. Pony Camp in Limerick Equestrian Centre. All levels from four years old upwards catered for.
9. Angelas Ashes Walking tour.....follow the route made famous by Limerick man Frank Mc Court. Two hours of a truly memorable tour.
10. Ryans Honey farm is an open space full of matured grasses, wild flowers and production hives.

10 Things to Eat Before you Check Out

1. Sinful Warm Chocolate and Hazelnut Brownie, smothered in rich chocolate sauce
2. Comforting Eggs Benedict on a warm bun with limerick ham and chive hollandaise
3. Our famous Hot Chocolate and marshmallows for an afternoon lift or a wicked night cap
4. Pancake Stack with fresh berries and clotted cream
5. The Carlton Castletroy Park Gourmet Burger
6. Warm soft centered Chocolate Fondant with toasted coconut ice cream(the ultimate closer)
7. Afternoon Tea in the conservatory...here come the girls...
8. 'The Full Irish' enjoyed overlooking the Hotels gardens
9. Fresh Scones with a selection of preserves
10. Chefs Homemade (and extremely proud of!) Seafood Chowder

10 Ways to Treat your Mind

1. **University Concert Hall** just a stones throw from the Hotel and offering a spectacular array of theatre, musical events and many more world class events
2. **Glenstal Abbey** built in the 1830s and designed as a castle this famous abbey with its gardens is a lovely way to pass a few relaxing hours
3. **The Hunt Museum** houses an internationally important collection of over 2000 original works of art and antiquities.
4. **The Milk Market** -no visit to Limerick is complete without sampling the culinary delights on display, cheeses, fish, seaweeds, sausages and chocolate to name but a few
5. **Limerick Garden trail** contains 7 of the best and award winning gardens in the country

6. **Foynes Irish Coffee and Flying Boat Museum** houses a unique collection of transmitters, receivers, morse code equipment and an authentic 1940s cinema.
7. **Limerick Greyhound Track**, a great evenings entertainment
8. **Great Southern Trail** developed for the enthusiastic and casual walker, numerous sign posted walks.
9. **Golf** - founded in 1937 the Castletroy Golf Club is a short distance from the Hotel and is a stunning parkland course. Holes: 18
10. **Limerick Race Course** - home to a grade 1 racetrack and hosts 18 race days throughout the year

10 Things to do at your Leisure

1. **Bunratty Castle:** visit the acclaimed 15th century Bunratty Castle and 19th century Bunratty Folk Park.
2. **Fishing:** with a superb selection of lakes in the area the Bleach Lodge is situated on 54 acres and is stocked annually with brown and rainbow trout
3. **University Arena:** located on the University Campus the amazing facilities that cater for canoe polo, water polo, sub aqua diving and also includes tennis courts and Astroturf pitches.
4. **Shopping:** Brown Thomas... Carrig Donn....Debenhams...need I say more!
5. Visit the **Merry Pedlar** bar for a baileys coffee....pure heaven
6. Take a drive to **Ballyhoura** and enjoy the rolling pastures and woodlands, share a picnic with someone who loves the smell of clean crisp air as much as you!
7. Stroll down Pery square and wander into the **Limerick City Gallery of Art**
8. Sip a cappuccino and treat yourself to a chocolate muffin in the **Belltable Arts Centre**, while there check out the latest production on offer



9. Take a spin to **Two Mile Gate** in Killaloe, feed the ducks and enjoy a pint in **Brendan Graces**
10. Enjoy a sumptuous meal in **Mc Laughlins** restaurant in the **Hotel**

10 Perfect ways to Relax your Mind

1. Melt away in the **C Salon** with a back neck and shoulder massage followed by a rejuvenating facial
2. The real deal - **Traditional Music Session** in Larkins in Garrykennedy
3. Take a stroll through the **University Grounds**, over the **Life Bridge** and on to **Affinity!**
4. Add a sprinkle of fairy dust on your visit to Limerick and visit **Irish Dresin Factory**
5. Visit pre Celtic Ireland in **Lough Gur Visitor Centre**
6. Sit down in the **Hotel lobby** and write a **Limerick!**
7. Pack your sunscreen and nibbles and take a drive to the stunning **Cliffs of Moher**
8. Take a daytrip to the scenic Carrigaholt and marvel at the bottlenose **Dolphins**
9. **Sail** away in the **University Activity centre**, see nature as clear as it gets.
10. Swim, sauna , steam and Jacuzzi the day away in the **Hotels leisure centre**

And the only thing to do while in Limerick, TOP of ALL tips.....

.....Walk in the footsteps of heroes and journey on an exclusive tour of the great Thomond Park.