

CARLTON  
ATLANTIC COAST  
HOTEL & C SPA  
WESTPORT  
★★★★



*Table d'hôte Menu*  
**The Blue Wave Restaurant**  
*12th August 2009*

*Cream of Vegetable Soup, Herb Cream*  
*Confit Duck Leg, Apricot and Chorizo Mash, Caramelized Plum*  
*Baked Goats Cheese on Pesto Crouton, Walnut and Pear salad Plum Syrup*  
*Sesame and Herb Crumbed Calamari, Citrus Salad, Lemon Aioli*  
*Tian of Smoked Chicken Wardolf, Red Onion and Olive Salad*  
*Clew Bay Seafood Chowder*



*Grilled Sirloin Steak of Irish Beef, Pomme Chateaux, Celeriac Puree, Red Onion Jam, Shallot and Thyme Jus*  
*(5.50 supp)*

*Pan Seared Barbary Duck Breast, Black Pudding Mash, Plum & Peppered Strawberry, Buttered Cabbage*  
*Seared Fillet of Hake, Stir Fried Vegetables, Coriander & Pineapple Salsa, Basil Pesto*  
*Chargrilled Supreme of Chicken, Cheese & Onion Croquette, Wild Mushroom Cream, Parma Crisp*  
*Oven Baked Supreme of Salmon, Baby Ratatouille, Fennel Citrus Salad, Red Pepper Coulis*  
*Wild Mushroom & Blue Cheese Linguini, Basil Oil*



**Main Courses are served with Potatoes & Vegetables**  
**Extras: Supp 2.95 Euro**  
**Sauté Onions, Sauté Mushrooms, French Fries**  
**(Service Charge is at your discretion)**  
**Menu Price: 42.00 Euro**

**Still & Sparkling Water 5.00 Euro**