

# CARLTON

ABBEY  
HOTEL & C SPA  
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# CARLTON ABBEY LEISURE CLUB MEMBERSHIP RATE SCHEDULE

Membership Type	Cost	Monthly DD*	6 Months
Single Membership	€440	€40	€250
*** 3 Month Single Membership €150 ***			
Couple Membership	€690	€60	€420
Single Off-Peak Mon-Fri (7am-4.30pm)	€380	€35	€220
Couple Off-Peak Mon-Fri (7am-4.30pm)	€600	€55	€400
Golden Years (Over 55's)	€300	€29	€180
Couple Golden Years (Over 55's)	€500	€46	€300
Family Membership	€780	€68	€480
Youth Membership** (Age 13-16)	€195	€17	€105
Student Membership	€300	€27	€150
Junior Membership** (Age 4-13)	€120	€13	€80
Membership 'Pool Only'	€275	N/A	€160
Membership 'Gym Only'	€260	N/A	€150

\* First 2 months & last month are required on joining - non refundable. \*\* Must join in with an adult

## OPENING HOURS:

Monday to Friday: 7am - 10.00pm  
(Off Peak 7am - 4.30pm)

Saturday: 9.00am - 7.00pm

Sunday: 9.00am - 7.00pm

## MEMBERSHIP INCLUDES:

Classes

Unlimited Use of All Facilities

Comprehensive Fitness Assessment & Induction

Personalised Training Programme Prescription

Programme Reviews every 6-8 weeks

## CHILDREN'S HOURS:

*Children under the age of 16 have to be accompanied by an adult at all times.*

Monday to Friday: 9am - 7.00pm

Saturday & Sunday: 9am - 7.00pm

## No Joining Fee

**Group & Corporate Rates**  
*available on request*